

**Overton  
Harriers**



**&**

**Athletic Club**

**Overton  
Harriers**



**&**

**Athletic Club**

## **NEWSLETTER**

**APRIL 2004 ISSUE 321**

Visit us on our Web Site at [www.overtonharriers.org.uk](http://www.overtonharriers.org.uk)

This Newsletter is typed under Word for Windows 95. Please let Franny have your reports on disk.

Or you can email them directly to me at

**Work: [geoff.cloke@iptest.com](mailto:geoff.cloke@iptest.com) or at**

**Home: [geoff@staddles.fsnet.co.uk](mailto:geoff@staddles.fsnet.co.uk)**

### **FIXTURES:**

<b><u>MAY</u></b>	1st			
	2nd	Fordingbridge FS 10k,	Neolithic Marathon & half Mar.	
	3rd	Shinfield 10k		
	8th	RAF Lyneham 10k		
	9th	Moors Valley 10k,	ALTON 10 mile, (First consistency race)	
	12th	Purbeck 10k		
	15th			
	16th	NETLEY 10k,	Oxford "Town & Gown" 10k	Hook 10mile
	20th	Summer Handicap		
	22nd	Marlborough Downs 20mile & 33mile	Multi terrain	
	26th	Woodland 5mile	at Broadmoor	
	29th	Bath "hilly" 10 mile		
	30th	Kintbury 5 mile		
<b><u>JUNE</u></b>	2nd	D.Day 10km	Yateley 10k	
	5th			
	6th	Poole 10k	Purbrook Ladies 10k	
	9th	Woodland 5 mile	at Bracknell	
	12th			
	13th	Salisbury 10 mile,	Goodwood 10k Trail,	Wargrave 10k
	24th	Mob Match at Overton	followed by a barbecue	

### **FRANNY'S BITS**

Due to a breakdown in communications I missed the deadline again last month so there are some outstanding reports to include in this month's newsletter. Many thanks to Dave Vosser for getting so many of the results included into last month's edition.

The consistency league came to an end with the Totton 10k on April 4<sup>th</sup>. Congratulations to Cath who was a clear winner in the ladies. The men's event was much closer as Dave Titcomb had been having a battle royal over the winter with Eric for the title. However Dave Vosser came with a storming finish to the season to tie with Dave T with ET third. The opening race for next year will be the Alton 10 miles so sign up now.

A mixed bag of results at the London, Congratulations to Dorothy on her magnificent run and also to Andy & Dave who both came in around the 3:10 mark. The one "stinker" came from yours truly but there could be a bonus for me with a possible sponsorship deal with Andrex.

Dates for the summer handicaps will soon be finalized and put on the notice board asap.

**First a very late report from JT.**

**CHICHESTER PRIORY 10km**

**8<sup>th</sup> FEBRUARY.**

My apologies for missing last month's dead line owing to delay in getting hold of the full results. In the rather gusty conditions, particularly on the return section of the race, the course took us through a brand new, large housing estate offering plenty of opportunity to cut large chunks off the course, which many of the runners around me took full advantage. This was an unfortunate feature of an event, which in every other way was excellent and well organized despite the massive field of 1200+.

Star of the day was Jamie who managed a time of 33:25 in 12<sup>th</sup> place despite, by his own admission, not being as fit as he would like to be. Voss's run seemed to be a bit below par in terms of the moderate time, possibly missing the encouragement of his family who preferred to go shopping. Cath made a rare appearance on the roads to record 37:52 and taking second place W40 and fourth lady overall. Eric took the first male over 60 prize for a solid run in 41:14 and was highly praised by the chap announcing the prizes and quite justifiably so. For the umpteenth time this season he managed to get the better of Dave Titcomb but only by a relatively narrow margin of 30 seconds. JT had another poor race, struggling in the early stages, but picking up on the final wonderful downhill mile, which is a feature of this course. Belinda had a good run considerably improving on her effort at Stubbington by about 4 minutes, which shows a massive improvement in a short space of time.

12th	J.JONES	33m 25sec	
79th	D.VOSSER	37m 27sec	
96th	C.WHEELER	37m 52sec	2 <sup>nd</sup> W40
213th	E.TILBURY	41m 14sec	1 <sup>st</sup> M60
240 <sup>th</sup>	D.TITCOMB	41m 44sec	
726 <sup>th</sup>	J.THOMAS	50m 55sec	
921 <sup>st</sup>	B.LADE	55m 33sec	

**1219 Finished.**

**BRAMLEY 10 & 20 miles**

**29<sup>th</sup> FEBRUARY**

A heavy snow shower as I left Overton left me with a feeling of foreboding as I drove to the race but despite the low temperature throughout the race the snow did not fall. Voss had made a big effort to cajole a scoring mens' team out for this road race event and we lined up with various excuses for not wanting to run. Dave was first home but gave his now famous calves a battering as he just missed out on a place in the top hundred. Andy was worried about a calf strain and talked of running 8- minute miles. He promptly forgot this fact after 50 yards and had what must have been a pleasing run in his build up to London. I'm not sure if Dave Maughn's reported pre-race soccer match was suitable preparation but he ran a good race in company with Andy, only being dropped in the closing stages. I had been at work the night before and had to go back that night so a very steady run was planned. I must admit I did not enjoy the first lap and had to force myself out onto the second one. However I was really pleased that my pace did not drop by much and was actually storming through the field over the final 5 miles to get a time slower than normal but not too bad considering the lack of sleep.

Jill was only out to pace Dorothy round and did a sterling job, Her recent long runs with Dorothy combined with a bit of speed work should see her clock some good times on the road this spring. Dorothy's training has been going well and this run must have given a massive boost to her confidence and was just reward for all the time and effort she is putting in as she builds up for London. Lets hope for some good results come April. I only caught a glimpse of Ian Ford as he passed me at the slightly staggered start. He obviously had a very good run as he finished in 5<sup>th</sup> place, which was good enough to take the second Vets. Prize.

108th	D.VOSSER	2hr 14m 08sec
185th	A.HARTLEY	2hr 21m 34sec
190th	D.MAUGHN	2hr 21m 52sec
326th	R.FRANCIS	2hr 35m 19sec
471st	J.HILLS	2hr 47m 47sec
472nd	D.WICKE	2hr 47m 55sec

**805 Finished.**

5th	I.FORD	57m 55sec
-----	--------	-----------

**381 Finished.**

**FOXDOWN HANDICAP.****18<sup>th</sup> MARCH**

The final run of the season gave the most exciting culmination to any handicap series in the club's history. Young Tom led the field home on the night ahead of Bliss who clocked his fastest time in many months. Third was Steve who ran his best time since November 2000. PB's came from Josh (13sec), Helen (30sec) and Mark Vardy(4sec). The handicap league had been a close fought battle all winter with several runners staking early claims before missing a second race and thus crashing down the table. Ian led before the final race and knew that Mark was his closest rival and could not allow too many runners to finish between them.

Mark made it to the finish first with Ian coming home 24 seconds later and just catching First timer Rod Sayer in the home straight. This was a critical piece of overtaking and left both runners on 29 points and tying for the championship. It soon became apparent that another surprise was in store, Steve (Mr. Handicap) McNair's storming run had brought him up the table to also end up with 29 points. Down to count back and the three of them could not be separated so for the first time ever all three share the title. Congratulations lads and it's 4 months each with the trophy.

Fastest on the night was Josh ahead of Keith and Mark. Aaron's no show virtually guaranteed Keith the time title which he took with no problems. Mark climbed two places to steal the silver whilst Cath climbed one place to take the bronze.

So, another long season ends and we look forward to the summer and the harrow way course. These runs cannot be held without the support of non- runners doing the recording and time keeping. Thanks to those who have stood out in the cold all winter especially Mr. Reliable himself, John Hoare.

**HANDICAP RESULT**

POS	RUNNER	TIME	H'CAP	ACT TIME	TIME POS
1	T.RIDLEY	29.27	3.29	25.58	
2	M.BLISS	29.32	7.45	21.47	
3	S.McNAIR	30.46	6.02	24.44	
4	E.TILBURY	30.57	5.01	25.56	
5	H.HEAP	31.03	5.59	25.04	
6	J.BLISS	31.20	11.40	19.40	
7	K.VALLIS	31.21	10.39	20.42	
8	M.WOODS	31.25	4.46	26.39	
9	D.VOSSER	31.26	9.30	21.56	
10	M.VARDY	31.29	9.49	21.40	
11	J.HILLS	31.50	7.00	24.50	
12	I.VOSSER	31.53	6.41	25.12	
13	R.SAYERS	31.57	2.49	29.08	
14	M.WEST	32.00	2.29	29.31	
15	E.SMITH	32.02	2.49	29.13	
16	R.RIDLEY	32.17	9.03	23.14	
17	D.TITCOMB	32.26	7.30	24.56	
18	C.WHEELER	32.41	9.07	23.34	
19	J.THOMAS	33.04	2.21	30.43	
20	A.DENNISON	35.09	7.02	28.07	
21	J.HODGE	35.55	7.17	28.38	

**FINAL WINTER HANDICAP RESULTS IN FULL**

	Handicap League	Points		Time League	Points
=1st	M.VARDY	29	1st	K.VALLIS	12
=1st	I.VOSSER	29	2nd	M.VARDY	25
=1st	S.McNAIR	29	3rd	C.WHEELER	28
4th	C.WHEELER	38	4th	D.VOSSER	31
5th	H.HEAP	39	5th	R.RIDLEY	41
6th	R.RIDLEY	45	6th	I.VOSSER	52
7th	K.VALLIS	45	7th	S.McNAIR	58
8th	D.VOSSER	59	8th	H.HEAP	66
9th	E.TILBURY	77	9th	E.TILBURY	73
10th	M.WEST	71	10th	M.WEST	96

**Eastleigh 10km****21<sup>st</sup> MARCH**

Only a small turnout for this club championship but at least the howling gales and heavy rain that had been promised did not materialize and apart of the sections that went due west, the conditions were very fair. Dave Vossler was our first to go over the finishing line, greatly improving his time from Chichester with 36:42 in 88<sup>th</sup> position of the usual high quality field for this event. Eric was our next counter surprisingly slower than Chichester and not far in front of Dave Titcomb who was also down on that race time by a 40 second chunk.

Helen Heap completed next in what must have been one of her first races for the club in a 10k. She was only 7 places behind Dave and must have been able to see him for much of the race. Our old friend Adam Gold turned out in club colours (although no longer a paid up member) in preparation for his "M" and finished only six seconds behind Helen. Frank has been struggling with minor injuries of late but still enjoys the odd 10k. By starting off rather sedately he only passed JT at about halfway. JT was really quite pleased with his effort and greatly improved his time from recent 10k's. Our club interest was completed by Moira, who really seemed quite apprehensive at attempting a distance for which she had not been training for of late. Her effort is obviously to be commended.

88th	D.VOSSER	36m 42sec	9 <sup>th</sup> V40
224th	E.TILBURY	41m 45sec	5 <sup>th</sup> V60
241st	D. TITCOMB	42m 24sec	
248th	H.HEAP	42m 48sec	
254th	A.GOLD	42m 54sec	
499th	F.KENNY	48m 41sec	
540th	J.THOMAS	49m 47sec	6 <sup>th</sup> V65
	M.WEST		

**1353 Entries.**

Unfortunately I can find no trace of Moira's run on the internet however Audra is recorded as finishing as 60<sup>th</sup> lady in a time of 46m 25sec. (Franny)

**TOTTON 10 km****4<sup>th</sup> APRIL.**

A good turnout for the club as 10 runners toed the line. A strong south-westerly wind promised to spoil the proceedings, but as it turned out, this was not a problem for more than a few small sections of this flat course. Alton Runner's new young star, Toby Lambert won the race with only one second to spare from a Midlander from Tipton Harriers, that must have been a tremendous battle.

Jamie, for the umpteenth time this season was our first counter in 15<sup>th</sup> place, narrowly losing out to the first two veterans. Dave Vossler was next to appear in a moderate time for him in 53d place. Eric produced his usual spirited effort but was well off the pace in the over 60's section in fourth place. He again got the better of Dave Titcomb, this time by over a minute. Further down the field was Ian Vossler who was possibly making his debut in a 10k race and finished in a very credible time, easily beating JT whom he passed in the early stages.

In the ladies section Cath made an infrequent appearance in a 10k to take an excellent 5<sup>th</sup> place and first lady over 35. A fast improving Helen Heap was next home in a possible PB and was 6<sup>th</sup> lady over 35. Elaine had aspirations of beating JT but as it turned out did not hold her early promise after being passed by him at 3 miles. Never the less this was a good effort and will now be aiming to break the 50-minute barrier. The last of our group was a lady whom I have not met but was persuaded to run for us by Dave to help boost our Hants. road race league position in the ladies section. The men's team was given a real pounding in the team event with most of the coastal teams putting out strong squads.

15th	J.JONES	33m 43 sec
53rd	D.VOSSER	37m 08 sec
94th	C.WHEELER	38m 53 sec
157th	E.TILBURY	41m 36 sec
180th	H.HEAP	42m 22 sec
186th	D.TITCOMB	42m 40 sec
299th	I.VOSSER	46m 56 sec
363rd	J.THOMAS	49m 32 sec
393rd	E.SMITH	50m 41 sec
435th	E.HAYNES	51m 59 sec

**608 Finished.**

**UITSLANG 10km. KORTESSEM in BELGIUM.**

**17<sup>th</sup> APRIL.**

Our friends in Belgium had specially arranged this event for us and therefore, as a first effort, as one would expect the field was very small....only 66 finished. This did not detract from the event and as far as I can tell everyone enjoyed it very much. The course, run over two laps, was as flat as the proverbial pancake with a number of traffic calming road humps to break up the rhythm. As a result some good times were achieved with Belinda getting a PB despite the warm weather. The only minor problems were the lack of attention by one or two of the marshals who allowed JT to briefly go off course plus the complicated route around a massive housing estate with many of the roads looking very similar.

I half expected Jamie to win the race but he had to settle for third, a mere six seconds behind the winner. He was rather surprised with his excellent time. Next home was Liz who had decided to run despite her niggling back problems of late and managed to take ½ a minute out of JT who went off course whilst tracking Liz. Helen put in a useful run and was well satisfied with her time and was well clear of Belinda whose PB was rewarded with a large sack of groceries as she finished 3<sup>rd</sup> senior lady. Jamie won a similar prize for his third place.

Afterwards everyone who had finished was given 2 bottles of Isostar, 2 bottles of concentrated fruit juice and a music CD. As is traditional in Belgian races, everyone gets a prize. This event was the highlight of an excellent week-end and we were shown wonderful hospitality for the whole time of our stay.....A must for next year.

3rd	J.JONES	32m 28 sec
47th	E.SANDALL-BALL	48m 00 sec
50th	J.THOMAS	48m 34 sec
55th	H.MacMAHON	52m 01 sec
59th	B.LADE	53m 18 sec

**66 Finished.**

**BASINGSTOKE and DEANE SPORTS AWARDS EVENING from Mike Bliss**

In the same week as the Oscars, Aaron and Josh also got their posh frocks out, having been selected to attend, arguably, the towns most prestigious awards ceremony. They were amongst the 15 finalists for the 2003 Junior Men Sports Awards. Just making the final meant that they were each presented with a Sports Grant Aid, and Josh was also presented with a sports Trust Scholarship, to match Aaron, who had previously been awarded one. This scholarship allows them free access to the town sports centre, all its facilities, and a personal trainer for five years. To round off a good evening, Aaron was awarded the third place award. The winner, a kayak rower, is ranked third in Europe and finished 8th in the world junior event. This shows the caliber of opposition Aaron and Josh were up against and obviously, it was a credit to them, and for Overton Harriers, that they were even in the final.

No less prestigious locally, a few days later, Josh was also awarded the Overton Junior Sports Person of 2003, by the clubs and sections associated with Overton Recreation Centre. Our thanks go to all those concerned.

**UK INTERCOUNTIES AND WORLD TRIALS - NOTTINGHAM - 6.3.2004 from Mike Bliss**

After the glamour of the Sports Awards Evening the night before, Josh and Aaron were brought down to earth by having to be at Basingstoke Rail station at 6.00am the next morning, to catch the Hampshire team coach. In the U15 race, Josh was hoping to improve upon his 21st place in the National, a fortnight earlier, though this time he would also be facing the best runners from Scotland, Wales and some from Ireland. Despite Josh saying afterwards that he had a terrible start, when we saw the video afterwards, it looked like he was about 20th, after the long opening straight and first bend. The races were televised by Sky and luckily a friend taped it, therefore we could see nearly everything. Unfortunately, at this point, the coverage switched to an interview for about one minute. When it returned to the race, there was Josh neck and neck with the leaders. Looking back, Josh now realizes that he sprinted and ran to hard, in a short space of time and caught them too quickly. Having said that, although he wasn't with them for many minutes, he was always around the top ten. He actually entered the finishing straight in 9th, but couldn't manage a sprint finish after his earlier efforts and lost two places to finish a magnificent 11th. With the Scottish champion and runner up ahead of him, he was 9th Englishman. Had he not slowed to a jog before the line (being safe in 11th), he would have only been about 10 secs. behind 4th place.

Aaron was in the lower end of the age group in the U17 race. Unfortunately, I don't have any details of his race, other than he had a sore neck and bad cold and finished a disappointing 140th. However, it was a great achievement to even make the Hampshire team and his 'bad' run was still good enough to finish in the middle of the field!

U15 boys

11 Josh 15.28 - 301 finished.

U17 boys

140 Aaron 22.36 - 257 finished.

#### **ENGLISH SCHOOLS CHAMPS - MAIDSTONE - 13.3.2004 from Mike Bliss**

What an achievement for the lads, Geoff and the club! Half of the Hampshire intermediates team was made up of Craig, Aaron and Josh. To complete a full set in this age group, Geoff's other training group members, Mark and Robert, were picked to represent Berkshire. This time Josh was the baby of the group, being the one in the lower end of the age group and still eligible to run next year in the same race. The course was tough and muddy and made worse by a heavy downpour of rain just before the start. I first saw them after about 1k. Craig was about 40th, Aaron about 150th and Josh about 250th, of the 350 starters. I know it sounds stupid, but I really thought that Josh had missed the start, he was so far back. After about 3.5k of the 5.2k, Craig was well up in the thirties, and Josh about 100th. Aaron was working hard, but appeared to be about mid-field. I last saw them with about 1K to go. Craig was having a stormer, being about 30th and first Hampshire counter. Although there seemed to be a lot of runners between Craig and Josh, the time difference didn't appear to be too long. Aaron was doing his 'Kenyan' impression, though unfortunately not by being at the front of the race, but by being brown all over, following a tumble down a steep hill. At the finish, Craig lost a couple of places in the sprint finish but finished a magnificent 34th, to lead the Hampshire team home, in his first major championship. Josh, after his awful start, had a great run also, moving through the field throughout the race to finish 56th and 4th Hampshire counter. Aaron 'Satchmo' Harris, battled on well, still below par with his cold, to finish 159th, still in the top half of the finishers. The best news was yet to come. Hampshire finished 3rd team and the boys have a National Championship Bronze medal!

Again, I haven't got details of Mark and Robert's run, though I know both found it tough. But unless you have been there as a competitor or watched it as a knowledgeable spectator, you don't realise what a high class race it is. It is an achievement to even make your county team. It is obvious, but it is easy to forget, that it is only the best 8 runners in each county, that even get to run in the race, so even finishing down the field, means you have done incredibly well.

34 Craig

54 Josh

159 Aaron

Hampshire 3rd

about 330 Mark

about 335 Robert

Berkshire 39th

44 Teams finished.

#### **LONDON MINI-MARATHON - 18.4.04 from Mike Bliss**

For the second year running, Josh was selected to run for Hampshire in the 13/14 year old race. Having finished second last year, hopes were obviously high for a victory. Unfortunately, the excellent team arrangements, including overnight accommodation at a London College the night before, could not prevent a near disaster. Terrible traffic problems meant that although it was a relatively short journey and the coach left in plenty of time, it did not reach the starting area until the last minute. After being kicked out of bed at 5.30am and having been confined to a coach-seat for a couple of hours, Josh pretty much had to jump out and start the race straight away. Certainly there was no chance of a warm up. Consequently, he said that he felt stiff, tight and heavy legged, throughout the race. However, though to him he had a terrible race, 'a disaster', he still finished in a fine 6th place, out of some 300 starters. His depression was made worse when we found out that the winner ran a slower time than Josh had run last year.

1st Derek Hawkins - 13.37 (Scottish xc champion, 2nd in the Inter-counties XC, and top of the 2003 UK 3000m rankings)  
6th Josh Bliss - 14.08  
About 300 ran.

### **MARWELL ZOO 10K Race Results from Dave Vosser** **Sunday 25 April 2004**

This was Emma's second race for the club after recording 51min59 at Totton a few weeks earlier. Emma found the hills around Marwell a little challenging but is still committed to breaking 50 minutes in 2004.

#### Result

104HAYNES Emma      Overton Harriers & AC      Snr    43    55.34  
323 Finished

### **Captains Log from Dave Vosser**

We are currently lying in a comfortable second place in the Hampshire Road Race league after a good turnout at the Totton 10k. There are only two events to go.

**Alton 10miles** on Sunday 9<sup>th</sup> May 10.30 start, entries available on the day. Details can be found on [http://www.altonrunners.org/alton\\_ten.htm](http://www.altonrunners.org/alton_ten.htm)

**Brading 10k** on Sunday 20<sup>th</sup> June

I am not running at Alton so we are struggling to get a team together, please try and make this local event and help to ensure we get promoted.

The Brading 10k is a compulsory fixture, i.e. we have to provide a team on that day. There are a number of transport options, which will be posted on the notice board. It is essential that we get a team along to this match.

**The venue, Smallbrook Stadium, is only 3km (1.8 Miles) from Ryde Esplanade. Lets make it a great day out and celebrate our promotion.**

**Finally, a big thank you for presenting me with the Club Person of the Year award at the presentation dinner.**

### **Young Athletes Track Meeting Bracknell March 27 from Geoff Cloke**

Josh Bliss, now competing in the U17 Boys category opened this meeting with the 800metres. Again his customary dithering at the start gave him no chance to track the leaders. He finished 4th in 2mins 11secs. Spurred on by some well timed barracking from Helen McMahon, Josh had a good start in the 1500metres, and was up with the leader until the last lap, finishing 2nd in 4mins 23secs.

Esther Privett in her first meeting at this level finished 3rd in her heat in the 150metres in 23.9secs, and ran strongly in the 600metres to finish 5th overall in 2mins dead.

Louis Macey, in his first competition ran 24.4secs in the 150metres.

### **Young Athletes Track Meeting Portsmouth March 28 from Geoff Cloke**

Aaron Harris ran 4mins 15secs, just one second off his best, in his first 1500metres race of the season to finish in third place.

### **Young Athletes Track Meeting Basingstoke April 3 from Geoff Cloke**

A blustery afternoon pegged back times as Josh Bliss easily won the 1500metres in 4mins 22secs. In the 800metres, he had a good start, but the previous 1500metres combined with a 62sec first lap took it's toll and he finished a disappointing 4th in 2mins 11secs.

Esther Privett completed the 200metres in 33secs, and ran strongly in the 800metres to finish in 3mins 2secs.

### Basingstoke – Overton Mob Match 2004 April 22nd from Geoff Cloke

On a perfect early summer's evening the first leg of the mob match was held at Cliddesden on the new Farleigh Hill course. The challenging course, with 86 metres of climbing over 4.5Km, provided some exciting racing with a fast downhill start that gave a number of the younger fearless runners a head start before the climbs that followed.

Josh Bliss finished first with a new course record of 15:50, closely followed by Aaron Harris. Helen Heap was first lady home 6 seconds outside Jill Hills 2003 time. However, this was not enough to stop Basingstoke from taking the overall result with bunches of mid-field runners getting to the start of the narrow single file section at Pigeonhouse lane first. A good result for Basingstoke that we hope can be overturned on the return leg at Overton during June.

#### Results

Position	Name	Time		Club	Position	Name	Time		Club
1	J. Bliss	15	50	Overton	2	A. Harris	15	58	Overton
3	M. Simcox	16	31	Basingstoke	4	D. Fry	16	32	Basingstoke
5	K. Vallis	17	01	Overton	6	M. Vardy	17	01	Overton
7	A. Shorney	17	27	Basingstoke	8	R. Ridley	17	36	Overton
9	C. Hill	17	43	Basingstoke	10	D. Powell	17	48	Basingstoke
11	A. Cullen	18	00	Basingstoke	12	D. Gaskell	18	04	Basingstoke
13	R. Halsey	18	08	Basingstoke	14	D. Maughan	18	11	Overton
15	P. Grigoleit	18	48	Basingstoke	16	T. Fowler	19	06	Basingstoke
17	M. Slaney	19	11	Basingstoke	18	K. Ross	19	18	Basingstoke
19	H. Heap	19	38	Overton	20	A. Dennison	19	41	Overton
21	E. Tilbury	19	57	Overton	22	T. Parnell	20	28	Basingstoke
23	T. Cornell	20	29	Basingstoke	24	S. Fowler	20	37	Basingstoke
25	M. Woods	21	05	Overton	26	F. Kenny	21	28	Overton
27	A. Cornell	21	53	Basingstoke	28	J. Froud	22	16	Basingstoke
29	T. Grigoleit	22	33	Basingstoke	30	A. Mahoney	22	36	Basingstoke
31	G. Kent	22	41	Basingstoke	32	M. Shaylor			Basingstoke
33	N. Adcock	22	59	Basingstoke	34	L. Sandall-Ball	23	04	Overton
35	E. Smith	23	24	Overton	36	R. Sayers	23	45	Overton
37	S. Blackall	23	54	Basingstoke	38	J. Croucher	23	56	Basingstoke
39	J. Keogh	23	58	Basingstoke	40	H. Froud	24	04	Basingstoke
41	L. Lubbock	24	30	Basingstoke	42	J. Thomas	24	49	Overton
43	M. Wall	26	30	Basingstoke	44	W. Thorpe	27	16	Basingstoke
45	M. Keogh	28	13	Basingstoke					

Basingstoke 228 Overton 294

### Minutes of Overton Harriers AGM Monday April 26, 2004

1. **Apologies** from H. Heap, G. McLaughlin, J. Jones. N. Clark

2. **Present** 15 members

3. **Minutes of last year's meeting on May 1, 2003** were circulated, and verified accurate

Proposer D. Vosser Seconder H. McMahon

4. **Matters arising** None

#### Chairman's review of the past year

1. This has been a year of mixed fortunes in race performances, but our social activities and event organisation goes from strength to strength. Looking back we collectively organized:-

Club Dinner ; Mob Match plus a Club Supper ; Club Pentathlon;

Overton 5 & Twinning Weekend plus Barbecue and Social Evening;

Southern League Track Meeting at Basingstoke; The Harroway 10K - Replacement for the Andover /Newbury Relays

Christmas Party; Cyclists Race; Christmas Lunch



Hampshire Cross Country League Meeting at Ashe Meadows plus Refreshments;  
Training Weekend in Devon; Twinning Visits; 10 Handicaps; Combe Gibbet

2. We are in a healthy financial position, clearly essential if we are to keep up the level of activities we currently enjoy.
3. We recruited two extra committee members last year, but would welcome more.
4. Outside the committee there are members who really put themselves out, without whom we could never hope to have a successful Club.

Emma Scoggins on race entries; Mike Scoggins on race time keeping;  
John Hoare our Race Director for the Overton 5, Combe Gibbet, and Cyclists Race,  
and directing our Thursday night training;  
JT for fund raising; Liz for organizing our Barbecues and Refreshments  
Eric for the pontoon tickets; Nicky for the 100 club  
Nicky Clark and Dave Vosser for the Training Weekend

Vote of thanks was proposed by Geoff Cloke, seconded by C. Wheeler

#### **Team Manager's review of the past year**

Paul Wheeler gave a summary of last year's results and stated that he was vacating the position.

Vote of thanks for his contribution, from D. Vosser and Geoff Cloke and for our Webmaster Ian Vosser for prompt results and events proposed by Geoff Cloke, seconded by C. Wheeler.

#### **Treasurer's report**

Accounts were ratified proposed by M. Scoggins, and seconded by P. Wheeler.

#### **Election of Officers**

<b>Post</b>	<b>Nomination</b>	<b>Proposed by</b>	<b>Seconded by</b>
President	J. Thomas	D. Vosser	L. Sandall-Ball
Chairman	G. Cloke	J. Hoare	H. McMahon
Secretary	G. McLaughlin	E. Tilbury	E. Smith
Treasurer	M. Dennison	C. Wheeler	E. Scoggins
Member	P. Wheeler	D. Vosser	E. Scoggins
Member	C. Wheeler	E. Tilbury	L. Sandall-Ball
Member	J. Jones	D. Wicke	M. Dennison
Member	N. Clark	C. Wheeler	H. McMahon
Club Captain	D. Vosser	J. Hoare	M. Scoggins
Ladies Captain	E. Smith	H. McMahon	D. Wicke
Vet's Captain	R. Francis	C. Wheeler	L. Sandall-Ball

#### **Any other Nominations?**

#### **AOB**

1. Family Membership suggest £80 maximum subs. After much discussion proposal agreed through D. Vosser and M. Scoggins, subject to the committee defining 'Family'.
2. Thanks to G. McLaughlin for her work on the trophies proposed by H. McMahon, seconded by L. Sandall-Ball
3. Paul Wheeler asked for as many members as possible to join the ORC to boost their funds, which was echoed by Emma Scoggins.
4. Overton 5 race day, Paul suggested there was a good opportunity for members to organise an event and possibly boost Club funds.