

# HARRIERS

October 2022

The Newsletter of Overton Harriers and Athletic Club



This months newsletter has updates from the last few months, including the closing of last seasons HRRL, the opening of this seasons with the Overton 5 plus some general news and all the important dates for your diary

# NEWS

## NEWSLETTER NEWS

After several years as newsletter editor, Piers has decided to hang up his typewriter for good and take some time to focus on other interests.

On behalf of the Club Committee and I'm sure all of our members, I would like to thank Piers for his time and commitment to the Newsletter which has been a great benefit to the club.



## OUR NEW EDITOR

Stuart Searle has kindly agreed to take over the role as editor for the remainder of the season, however we need your input!

The newsletter can't exist without its members, so we are calling on you to keep it going. If you have been in a race, whether a club race or not please send us a report. It doesn't have to be a novel, just a brief rundown is more than enough.

Whether a parkrun milestone or your 20th triathlon we want to hear from you! So please send any reports you may have to [newsletter@overtonharriers.org.uk](mailto:newsletter@overtonharriers.org.uk)



# RACE UPDATES

## HAMPSHIRE ROAD RACE LEAGUE

Alresford 10k 19/06/2022

And so the 21/22 Hampshire Road Race League drew to a close with the Alresford 10k, a race that defined the fortunes of our campaign. It has been hard graft for our men's team throughout the season and on this occasion we only had Sean running and, well though he ran, not for the first time, we were unable to complete a team. It was only just before the outbreak of Covid that we were the outstanding team and came away with the Division 1 Championship, so it was a blow so soon to find ourselves bottom of the league and relegated to Division 2.

A totally different story for the ladies. They have been competing in Division 3 this season, but after a series of excellent results had their promotion as champions confirmed. They easily finished in first place on the day, and would have been the third best scorers of Division 2 and 8th in Division 1. What excellent progress they have made over the last year and thoroughly deserve the accolades.

Immy has been showing great form over the last year and led home our group in a fine 25th place. It was a pleasure to see Karen out again finishing as our second counter, ahead of a close battle between the enthusiastic pairing of Lauren and Amy, while Hulya made a welcome return to complete an excellent all round team performance from the girls. Unfortunately club captain Monique was unwell and unable to run but was there to support the group.

Harrier	Time	Position
Sean Holmes	37:22	22nd
Immy Collins	45:17	25th
Karen Ryan	50:59	47th
Lauren Dennison	53:26	60th
Amy Jewell	55:53	68th
Hulya Yadsan-Appleby	57:22	76th





Overton 5 04/09/2022

The club was once again delighted to host the opening race of the 2022/23 HRRL season. This was the 33rd running of the race and although entries were slightly down on previous years, we did in the end get 518 signed up to the race, with 445 finishing. Even the weather cooperated, after the forecast was looking rather bleak for a while.

This race can't happen without the support and time of the organisers and volunteer who make the race happen, so thank you to everyone involved in another great success



# VETS ATHLETICS

Aldershot 11/07/2022 - By Gareth Juliff

As the Vets athletics drew to a close at Aldershot, we knew the mens team were in a strong position to come at least 6th and an outside chance of 5th out of 8 teams.

Either way this showed again how we as a club punch above our weight competing against athletics clubs. The womens team despite some notable individual results throughout were looking at 7th place with again an outside chance at 6th.

In the end despite some strong support from Andover again for men we had to settle for 6th place in the mens event and 7th in the womens.

On the night some big performances to mention were Kieth Vallis winning the 2k Walk despite being a V50 and not long back to good health. On the 2K a big well done also to Judie Hewitt making both her Harriers Vets debut and debut at ever completing a race walk, this is what vets athletics is all about. There was a superb 2nd place for Cath Wheeler in the V50 800m, a 3rd place for Michael Stone of Andover in the mens 800m A in a fast race and a 3rd place for Chris Dewey of Andover in V50 800m. Chris Dewey also managed a 2nd place in the 3000m V50.

All in all on personal note the vets athletics are some of the most fun evenings I have as harrier hence next season it would be great if we could get a few more members to give it a go. The bigger a team we have the less events any one person needs to do and hopefully we can push our way up the standings even higher next year. All you need is to be over 35 and up for a laugh.

# PARKRUN

	03/09/22	10/09/22	20/08/17	24/09/22
<b>Basingstoke</b>				
Terry Clarke	26:34		23:58	27:05
Kieran Maynard			20:37	
<b>Andover</b>				
Greg England			21:53	
Jasmin Kalton	41:28		31:32	30:52
Katie Brothers			25:34	
Charlie Duncombe			29:51	
Michael Ball	23:05			
<b>Southampton</b>				
Mel Hodkin				25:36
<b>Whiteley</b>				
Katie Brothers				26:19
<b>Bryn Bach</b>				
Matthew Wateridge		24:08		
<b>Newbury</b>				
Amy Jewell		31:43		31:52
Katie Brothers		25:22		
Terry Clarke		24:40		
<b>Tidworth</b>				
Greg England	22:44			
Jasmine Kalton		32:46		
Charlie Duncombe		24:45		
<b>Henlow Bridge Lakes</b>				
Matthew Wateridge			22:30	
<b>Frimley Lodge</b>				
Dave Bush	20:30	20:06		19:41

<b>Winchester</b>				
Matthew Davey	20:59			
Hannah Davey	32:33			
Katie Brothers	25:34			
<b>Charlton</b>				
Matthew Wateridge	22:31			
<b>Trelissick</b>				
Amy Jewell			36:38	
<b>Henley</b>				
Matthew Davey				23:23
Hannah Davey				38:45
<b>Salisbury</b>				
Dave Bush			19:45	
<b>Durlston</b>				
Matthew Wateridge				29:58
<b>Central Parkrun, Plymouth</b>				
Greg England		22:44		
Wallace				
Judy Hewitt		35:09		

# DIARY

Upcoming Events:

**Winter Handicaps:**

Handicap 1: 27th October

Handicap 2: 24th November

**Hampshire Road Race League:**

Hayling 10 - 6th November

<http://www.athleticevents.co.uk/page4.html>

Gosport Half Marathon - 20th November

<https://race-nation.co.uk/register/gosport-road-runners/gosport-half-marathon-2022>

Victory 5 - 4th December

<http://www.athleticevents.co.uk/page2.html>

**Hampshire Cross Country League:**

Race 1: Saturday 12th November – Wellesley Wood, Aldershot.

All cross-country races are free to members, just turn up with your club vest. Please speak to your captain for more information on road and cross-country races.

**Harriers Christmas Lunch:**

Sunday 18th December. Please let John Hoare know if you'd like to attend. More details will follow via club e-mail.

The day will start with the traditional mob match vs the Basingstoke Cyclists.